



# Comprehensive Controlled Substance Prescribing

in the Age of Increased Regulations,  
Legal Challenges and Diversion

**August 26-27, 2017**

AC Hotel Cincinnati at Liberty Center, 7505 Gibson Street,  
Liberty Township, Ohio 45069



## For Prescribers in Ohio

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Ohio State Medical Association (OSMA) through joint providership of TriHealth, LEAPP, LLC, and Practice Shields, LLC. TriHealth is accredited by the OSMA to provide continuing medical education for physicians. TriHealth designates this course for a maximum of *15.25 AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Practice Shields, LLC

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## **Who Should Attend?**

The course is designed for physicians in all specialties, as well as APRNs and PAs, who prescribe controlled substances. The course may be particularly helpful to prescribers interested in expanding their knowledge of controlled substance prescribing, and those professionals who have been cited for inappropriate prescribing, such as prescribing large quantities. The course is designed to fulfill licensing board or credentialing requirements for remedial education.

## **Statement of Need**

Unintentional drug overdose has become the leading cause of injury-related deaths in Ohio. In the United States, Ohio ranks the 5<sup>th</sup> highest rate of drug overdose deaths. In response to this growing drug abuse epidemic brought about by the misuse of the controlled substance of opioids, Ohio Governor, John R. Kasich, has put into place one of the nation's most aggressive and comprehensive approaches to address opioid addiction and overdose deaths. It includes a strong focus on preventing the non-medical use of prescription drugs. Several state agencies in Ohio have implemented a multi-faceted strategy to improve opioid safety, combat diversion, and reduce unintentional drug overdose deaths. New laws and guidelines have been designed to help the prescriber understand the proper use of controlled substances, the risks associated with controlled substances, and how to safely prescribe these medications. Laws and rules are changing around prescribing controlled substances, and prescribers need to be up-to-date to ensure they not only avoid disciplinary action by regulatory boards, but also to help ensure they safely prescribe controlled substances to their patients. This course will provide prescribers with educational initiatives related to current controlled substance prescribing laws as well as evidence-based resources and tools.

Are You Safely Prescribing Controlled  
Substances for Your Patients?

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## Course Objectives

- Interpret the state and federal laws governing the prescribing of controlled substances.
- Identify evidence-based screening tools for screening and assessment of substance use and substance use disorders.
- Identify local, state and national referral resources for patients with chemical dependency.
- Describe prescribing guidelines for the safe and effective use of controlled substances, including opioid induced hyperalgesia.
- Describe legal and malpractice implications when prescribing controlled substances.
- Describe the laws and rules pertaining to APRNs and PAs who prescribe controlled substances in Ohio.
- Identify current evidence and best practices when prescribing multiple controlled substances for a patient.
- Identify and manage aberrant behaviors that are suggestive of prescription drug abuse and diversion.
- Describe alternatives to prescribing controlled substances, including interventional procedures and non-opioid medications.
- Discuss documentation best practices when prescribing controlled substances, including informed consent, controlled substance agreements and referrals.
- Identify controlled substance prescribing guidelines for the safe and effective management of weaning and withdrawals symptoms.
- Identify methods to prevent abuse, addiction, and diversion of controlled substances, including OARRS, urine drug testing and proper drug disposal.

# AGENDA

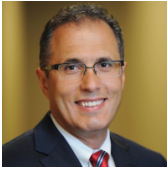
## Saturday - August 26, 2017

- 7:00-8:00AM **Registration and Continental Breakfast**
- 8:00-8:15AM **Welcome and Overview**
- 8:15-9:30AM **Prescribing Controlled Substances in Ohio**  
*Michael Staples & Keeley Harding, DNP, APRN, CPNP-AC/PC*  
*Break*
- 9:30-9:40AM
- 9:40-10:45AM **Addiction & Chemical Dependency: An Overview for Prescribers**  
*Shawn A. Ryan, MD, MBA, ABEM, ABAM*
- 10:45AM-12:00PM **Opioids: A Historical Perspective and Prescribing in Today's Environment**  
*Humam Akbik, MD*
- 12:00-1:00PM *Lunch*
- 1:00-2:00PM **Controlled Substance Prescribing: A Legal Perspective**  
*Daniel S. Zinsmaster, JD*
- 2:00-3:15PM **APRN and PA Controlled Substance Prescribing**  
(Standard Care Arrangement, Quality Assurance & Formulary)  
*Keeley Harding, DNP, APRN, CPNP-AC/PC & Nicole Garritano, DNP, APRN, CPNP-AC*  
*Break*
- 3:15-3:25PM
- 3:25-4:30PM **Opiates: A Perspective from England**  
*Gururau Sudarshan, MD*
- 4:30-5:30PM **Deadly Mix: Opiates, Stimulants and Depressants**  
*Michael Staples & Keeley Harding, DNP, APRN, CPNP-AC/PC*

## Sunday - August 27, 2017

- 7:00-8:00AM **Registration and Continental Breakfast**
- 8:00-9:30AM **Diversion: Protecting Your License and Practice**  
*Michael Staples*
- 9:30-10:30AM **Interventional Pain Procedures and Reducing Opioid Dependence**  
*Atul Chandoke, MD*  
*Break*
- 10:30-10:40AM
- 10:40-11:30AM **Documentation and Legal Protections**  
*Daniel S. Zinsmaster, JD*  
*Lunch*
- 11:30AM-12:30PM
- 12:30-1:15PM **Tapering Controlled Substances and Management of Withdrawal Symptoms**  
*Humam Akbik, MD*
- 1:15-2:15PM **Combatting Prescription Drug Abuse: OARRS, Toxicology and Drug Disposal**  
*Michael Staples*  
*Break*
- 2:15-2:25PM
- 2:25-3:30PM **To Prescribe or Not** (a role play exercise)  
*Nicole Garritano, DNP, APRN, CPNP-AC*
- 3:30-5:00PM **Expert Panel**  
*Detective Dennis Luken | Pharmaceutical Diversion Resources*  
*Atul Chandoke, MD | Cincinnati Pain Physicians*  
*Gururau Sudarshan, MD | Cincinnati Pain Physicians*  
*Humam Akbik, MD | Cincinnati Comprehensive Pain Center*  
*Michael Staples | Owner, Practice Shields and Director of Compliance, Cincinnati Pain Physicians*  
*Nicole Garritano, DNP, APRN, CPNP-AC | APRN Consultant*  
*Keeley Harding, DNP, APRN, CPNP-AC/PC | APRN Consultant*  
*Shawn A. Ryan, MD, MBA, ABEM, ABAM | President & Chief Medical Officer, BrightView*  
*Daniel S. Zinsmaster, JD |*

# FACULTY



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**Daniel S. Zinsmaster, JD**  
Attorney at Law  
[Dinsmore & Shohl, LLP](#)



**Detective Dennis Luken**  
[Pharmaceutical Diversion Resources](#)

# ONLINE REGISTRATION

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## August 26-27, 2017

### Course Registration Fee: \$1,000

15.25 AMA PRA Category 1 Credit(s)<sup>™</sup>

The registration fees include tuition, educational materials, breakfast, breaks, and parking. Register now! The course is limited to 60 attendees.

For more information, including online registration visit:

[www.practiceshields.com](http://www.practiceshields.com)

Hotel Registration at a Reduced Group Rate: [CLICK HERE](#)



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