

CYBER SECURITY INCIDENTS AND DATA BREACHES: IS YOUR LAW FIRM PROTECTED?

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The ever-increasing and alarming number of large companies that have been the recent targets of cyber security attacks, despite their robust security measures, is a wake-up call to every business that stores data electronically. This trend will continue as the sophistication of cyber criminals outpaces modern technological advances. It is not if, but when, the next large data breach will occur. No industry is immune and certain industries, such as health care, are under heightened alert for potential attacks.¹ The theft of confidential information of individuals and the disclosure of private information about companies is a frightening prospect for all lawyers, whose job it is to protect clients' confidential information. Further, the financial costs of cyber attacks to companies can be staggering. The Ponemon Institute's 2014 "Cost of Data Breach Study: Global Analysis" estimates that the average cost of a data breach for a U.S. company is \$5.85 million.²

Yet, despite these very public cyber security incidents and data breaches, many companies, including law firms, are still not taking adequate steps to protect their own data or the confidential information of their clients. This article outlines some of the key risks to law firms' data, the obligations lawyers have to protect data, and actions that can and should be considered by all law firms as they take steps to comply with their ethical and other obligations with respect to their clients' information.

DATA BREACH RISKS FOR LAW FIRMS

While all entities have some level of risk of cyber attack, law firms are particularly inviting targets for cyber criminals because they maintain a wide array of confidential and sensitive data, both about individuals and large companies.³ In addition to being targets of cyber attacks, law firms are also subject to the more commonly occurring data breaches that result from loss or theft of laptops, desktops, smart phones, thumb drives, and other devices that carry

electronic data. Misconduct or negligent behavior by employees remains a primary risk within a law firm.

With the advent and increased use of cloud computing and other emerging technologies, law firms that utilize cloud services and store their clients' data in cloud-based or other solutions owned by third parties should carefully consider the risks and benefits of doing so and take steps to ensure that cloud and other third party providers adequately secure their data. Law firms should conduct due diligence into cloud and other third party data storage providers and have all required written agreements in place before moving any of their data. A data breach caused by a third party provider could be disastrous to a law firm from both a client relations and financial standpoint.

Data breaches may occur as a result of many system and user weaknesses, including through the improper disposal of electronic devices (including even copy machines), as well as an old-fashioned, low-tech data breach as a result of loss, theft, or improper disposal of paper documents containing confidential information.⁴

THE DUTY TO PROTECT CLIENT INFORMATION IS MULTI-LAYERED

Current Regulatory Requirements

Lawyers are subject to a variety of federal, state, and international regulatory and professional conduct requirements that mandate how lawyers protect client information. Law firms with either lawyers or clients, or both, operating across multiple states or internationally, must contend with the administrative challenges of complying with a multitude of state or international privacy and data security requirements.

At this time, no general federal breach notification law exists. Recently, however, the Obama Administration proposed the Personal Data Notification & Protection Act, which would serve to create more uniform national privacy and security standards, including breach notification requirements, and attempt to unify the patchwork of state laws that currently exists.⁵ Forty-seven states and the District of Columbia have enacted data breach laws impacting businesses, including law firms, within each state. California, in particular, has been seen as on the leading edge of enacting privacy and data security laws, many of which reach well beyond the borders of California. Kentucky was the most recent state to enact a state data breach law, which took effect in July 2014.^{6,7} Kentucky's breach notification law requires organizations that are not subject to various other federal privacy laws, like HIPAA or the Gramm-Leach-Bliley Act,⁸ to disclose a breach of any Kentucky resident's unencrypted personally identifiable information to the individual if such breach could reasonably cause theft or fraud against the individual.

At a federal level, many law firms are subject to the Health Insurance Portability and Accountability Act of 1996 and its implementing regulations, as amended by the Health Information Technology for Economic and Clinical Health Act (the "HITECH Act")⁹ and the Omnibus Final Rule¹⁰ ("HIPAA"). Lawyers and law firms that use, disclose, maintain or otherwise

access protected health information ("PHI") to perform legal services on behalf of their clients are now directly regulated as "business associates."¹¹ The HIPAA Security Rule sets out specific physical, administrative, and technical safeguards with which lawyers and law firms must comply. In the event that a law firm suffers a data breach involving unsecured PHI, it could be investigated by the Office for Civil Rights, civil and/or

detection

hacker

Again, ethical obligations of law firms operating across multiple states may vary and must be reviewed and policies and procedures developed in accordance with the various ethical and regulatory requirements.

STEPS TO PROTECT LAW FIRM DATA MUST BE SIMILARLY MULTI-LAYERED.

The threats to confidential and sensitive information are numerous, and lawyers' obligations to their clients are significant.

Lawyers must develop a proactive and vigilant approach to securing the information entrusted

to them. There are a number of steps that lawyers can take to protect their data:

1. Evaluate Cyber Security Budget and IT Staff Resources

Robust cyber security efforts begin with laying the necessary groundwork. Without proper allocation of resources, the ability to take the steps necessary to protect data will be continually hampered. Without proper IT staff – whether hired internally or engaged as a consultant or independent contractor – lawyers are unlikely to have the technological knowledge to implement the proper protections or evaluate the choice of cloud providers or other necessary security vendors. If the budget and staff resources are properly allocated up front, law firms are much more likely to be proactive in developing and keeping current cybersecurity policies and procedures.

2. Conduct a Security Risk Analysis

Conducting a security risk analysis is a necessity in today's cyber security environment. Such an analysis will provide the law firm management – and the IT staff – with a comprehensive review of the firm's IT systems and information that it can use to improve upon any identified security risk areas or vulnerabilities. Risk analyses should be conducted regularly and any time a major change occurs affecting the lawyer's or law firm's administrative, physical, or technical security measures.

3. Encrypt, Encrypt, Encrypt

Encryption is the conversion of data by way of a cryptographic algorithm into a form, called a ciphertext, which is undecipherable for unauthorized individuals. Only an authorize party with a "key" can convert the message back into a decipherable message.¹⁵ Many federal and state laws

that regulate the protection of data, including HIPAA and Kentucky's state breach notification law, include safe harbors for encrypted data. The National Institute of Standards and Technology ("NIST") has multiple published white papers on current accepted encryption standards¹⁶ and the costs of encryption technology have decreased significantly over the past several years. As such, encryption is increasingly being considered a reasonable security measure for industries that use or

store sensitive consumer information. In fact, in the wake of multiple recent large breaches in

the health care sector, federal lawmakers are considering greater encryption requirements under HIPAA.

In order to protect confidential information, and to take advantage of available data breach safe harbors, law firms and lawyers should consider encryption of all mobile devices including laptops, smart phones, and thumb drives (if thumb drives are permitted under your firm's security policies). In the nearly inevitable event that one of these devices is lost or stolen, the fact that the device was encrypted should serve to protect the confidential data contained on the device. Further, if the device is encrypted, the law firm will most likely avoid the difficult position of potentially having to provide notice of a data breach to the affected individuals, clients, the state Attorney General, the Office for Civil Rights, the media, or other parties, depending upon the nature and scope of data contained on the lost or stolen device.

4. Scrutinize use of Cloud-Based Programs and Third-Party Vendors

There are a multitude of cloud-based apps and services that help lawyers and clients communicate with each other more easily, make information more accessible to both lawyers and their clients, help lawyers be more efficient, and even help lawyers and law firms better secure their data. However, there are a number of applications (or "apps") that, while acceptable for personal use, do not pass muster for use in the legal arena. The challenge for many lawyers and law firms is objectively evaluating an app

that, while potentially very useful and convenient, simply does not meet the security requirements necessary for use with confidential data.

Law firms should designate an individual or committee with the responsibility to manage third-party vendor contracts, including Business Associate Agreements required under HIPAA, and other cloud-based vendors. All firm staff and lawyers should be trained to consult with that individual or committee before entering into an agreement or taking on an engagement that may require increased data security.

5. Implement and Update Policies and Procedures, including a Data Breach response and Disaster Recovery Plan

Policies and procedures for a law firm need to address: (1) physical security issues, such as properly locked doors or file cabinets, protection of physical files, and proper disposal of confidential information; (2) administrative security issues, such as risk analyses, disaster recovery plans, employee access termination procedures, and other procedural, administrative actions necessary to implement and maintain security measures; and (3) technical security issues, such as use of passwords, access controls, encryption, and audit controls. Basic policies about passwords and password management, proper use of mobile devices, use of VPN encryption for public networks, and other such policies can often

be enforced through software deployments by IT staff and are critical protections for sensitive data. Other simple steps, such as prevent-

ing physical access to a law firm by non-personnel through properly locked doors and cabinets, require training of lawyers and law firm staff.

In addition, law firms should proactively develop a breach response plan with individual(s) responsible for coordinating analysis of any potential unauthorized access, use, or disclosure of sensitive information, and a disaster recovery plan that will allow for a client's data to be preserved and accessed in the event of a disaster.

internet

cyber

6. Consider use of a third-party nationally-certified data center

In some cases, the use of a nationally-certified data center for storage of data is an option to be considered, particularly for a small firm without an IT staff or a firm located entirely in one city. A nationally-certified data center has the advantage of having technological expertise to design and maintain data storage in accordance with the best cybersecurity practices. Furthermore, certified data centers are built in such a way as to protect data during a natural disaster, such as a tornado or flood. However, using a data center means less control over a lawyer's or law firm's data and the potential for data to be inaccessible during service outages. The terms of the contract with the data center must be thorough, and must prevent any situation in which the data could be held "hostage" or released to any third-party without consent, such as under a subpoena issued on the data center.¹⁷



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spyware

7. Train all lawyers and law firm personnel

Perhaps most importantly, law firms should implement a training program for lawyers and for all staff who have access to information that is subject to heightened security obligations. Lawyers and law firm staff must understand their ethical and other compliance obligations. Furthermore, they must understand the policies and procedures of the firm itself, what actions must be taken in the event of a potential breach, and who to contact to report actual or potential unauthorized use or disclosure of protected information.

Most lawyers and law firms rely on a multitude of devices, technologies, and apps to stay connected to, and to provide quality and efficient services to, their clients. However, lawyers' confidentiality and data security obligations must remain a top priority for law firms. As the technologies continue to expand and change, lawyers and law firms must continue to adapt and update policies and procedures. While no industry is immune from a cyber threat, law firms can take steps to reduce the threat to their clients', and their own, confidential information.

¹ See Jennifer Mitchell et al., *A Lesson to be Learned: Electronic Data Breaches Surge in 2014* (Jan. 5, 2015), available at www.dinsmore.com/a-lesson-to-be-learned-electronic-data-breaches-surge-in-2014-01-05-2015/.

² Study available for download at: www-935.ibm.com/services/us/en/it-services/security-services/cost-of-data-breach/.

³ See, e.g., John Simek, & Sharon Nelson, *Preventing Law Firm Data Breaches* 38 American Bar Association Law Practice 1, Preventing, (2012), available at: www.americanbar.org/publications/law_practice_magazine/2012/january_february/hot-buttons.html.

⁴ See Jennifer Mitchell & Stacey Borowicz, *Is Your Photocopier HIPAA Compliant?*, Health Lawyers Weekly, Vol. XI, Issue 49 (Dec. 20, 2013), available at www.dinsmore.com/files/Publication/22326182-b621-4e62-a77b-1e4ed574c3fc/Presentation/PublicationAttachment/902eff8a-0386-4634-91b7-318069a74f17/HLW_122013.pdf.

⁵ The Obama Administration proposed this Act to Congress on January 12, 2015, encouraging Congress to adopt a federal standard, available at www.whitehouse.gov/sites/default/files/omb/legislative/letters/updated-data-breach-notification.pdf.

⁶ K.R.S. § 365.732.

⁷ On March 18, 2015, the Senate Intelligence Committee also approved the Cybersecurity Information Sharing Act of 2015, which encourages companies to voluntarily share information about cyber-threats and authorizes certain defensive measures for private entities' computer networks.

⁸ The Gramm-Leach-Bliley Act regulates the protection of consumer financial information by financial institutions. 15 U.S.C. § 6801 et seq.

⁹ Health Information Technology for Economic and Clinical Health (HITECH) Act, Title XIII of Division A and Title IV of Division B of the American Recovery and Reinvestment Act of 2009 (ARRA), Pub. L. No. 111-5, 123 Stat. 226 (Feb. 17, 2009), codified at 42 U.S.C. §§300jj et seq.; §§17901 et seq.

¹⁰ Modifications to the HIPAA Privacy, Security, Enforcement, and Breach Notification Rules Under the Health Information Technology for Economic and Clinical Health Act and the Genetic Information Nondiscrimination Act; Other Modifications to the HIPAA Rules, 78 Fed. Reg. 5565 (Jan. 25, 2013) (amending 45 C.F.R. 160, 164).

¹¹ See 45 C.F.R. § 160.103; see e.g. HHS.gov, Frequently Asked Questions at www.hhs.gov/ocr/privacy/hipaa/faq/business_associates/709.html.

¹² Available at www.pcisecuritystandards.org/security_standards/.

¹³ Memorandum available at www.americanbar.org/content/dam/aba/administrative/ethics_2020/ethics_20_20_comments/abastandingcommitteeonclientprotection_newtechnologiesissuespapers.authcheckdam.pdf.

¹⁴ Memorandum available at www.americanbar.org/content/dam/aba/migrated/ethics2020/clientconfidentiality.authcheckdam.pdf.

¹⁵ See NIST, *Glossary of Key Information Security Terms* (April 25, 2006) available at infohost.nmt.edu/~sfs/Regs/NISTIR-7298_Glossary_Key_Infor_Security_Terms.pdf.

¹⁶ See, e.g. NIST, *Recommendation for the Triple Data Encryption Algorithm (TDEA) Block Cipher* (2012), available at csrc.nist.gov/publications/nistpubs/800-67-Rev1/SP-800-67-Rev1.pdf.

¹⁷ See NIST, *Guidelines on Security and Privacy in Public Cloud Computing* (Dec., 2011), available at csrc.nist.gov/publications/nistpubs/800-144/SP800-144.pdf.